

# STUDENTS ACTIVITY & SPORTS (SAS) OFFICER

## Skill Test Pattern and Syllabus

19.01.2026

The skill test consists of two parts 1) Part-A: General Awareness and 2) Part-B: Domain Knowledge

The objective test (MCQ) will be for **100** marks and duration of the test will be for **02** hours.

The pattern of test: **Part-A of 30 marks and Part-B of 70 marks**. The level of test is Graduate.

Correct answers will be awarded 1 mark. There will be 0.25 negative marks for every wrong answer. Unanswered questions will be given Zero mark.

The medium of language will be English only. The indicative syllabus for Domain Knowledge test is given below.

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1. Exercise Physiology
2. Sports Training
3. Test, Measurement & Evaluation in Physical Education
4. Statistics in Physical Education
5. Sports Journalism and Mass Media
6. Sports Management
7. Sports Medicine
8. Health Education and Sports Nutrition
9. Fitness and Wellness
10. Sports Psychology

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